

Inn Cycle Route

à la carte

Decide for yourself how big your hunger is to cycle and experience the Inn valley. Up to your whim – or physical condition – you may choose between 60 or up to 160 km. You don't necessarily need to choose from the given "menu".

By comfortable train ride you get to the Tyrolean upper valley which will get edgier the further you go west. Start from Telfs, Imst – the Merano of Northern Tyrol – or from Landeck, Tyrol's westernmost city surrounded by a mountain range. Whichever spot you pick to start from you'll follow river Inn downstream towards Innsbruck.

Lots of nibbles and refreshments await you – inhale the water spray at "Zammer Lochputz" gorge and the Rose garden gorge and spoil yourself afterwards with delicacies of the monks at the Orangerie of the Cistercian monastery Stams.

You'll find many more culinary treats in the alpine metropolis Innsbruck with its fascinating old town before you cycle the lower Inn valley the following day.

A change in landscape will be visible as you reach the wider part of the Tyrolean Inn valley – smoother and lovelier.

Schwaz, Strass in Ziller valley, Wörgl or the fortress of Kufstein could be your "à la carte-destination".

Discover the crystals of the sparkling giant at the Swarovski crystal worlds, roam through the streets of the medieval town Rattenberg or enjoy a great view over the lower Inn valley from fortress Kufstein.

We hope you enjoy your „meal“!

Highlights

- ~ Castle Landeck
- ~ House of Fasnacht/Shrove Tuesday
- ~ Culture and nature in alpine-urban Innsbruck / Tyrol
- ~ Golden roof with alcove balcony, imperial palace and imperial church, historical old town of Innsbruck
- ~ Mint tower and old town of Hall in Tirol
- ~ Swarovski's Crystal World in Wattens
- ~ Castle Tratzberg, Buch by Jenbach
- ~ Silver mining, Schwaz

Route characteristics

- ~ Due to possible train rides individual daily duration is freely selectable
- ~ Completely flat routing possible (only a slightly hilly section between Landeck and Haiming)
- ~ Mostly on asphalt-covered roads or good rural roads

Level of difficulty

Touring bicycle 

Pedelec/E-Bike 

Suitable for families with children from the age of approx. 10 years (appropriate cycling enthusiasm required)

Arrival | Travel time | Type of trip

- 📅 Daily from May 1st to September 25th 2025
- 📅 4 days | 3 nights (incl. days of arrival and departure)
- 📅 One day round trips - custom made from approx. 60 to 160 cycling kilometres
- 📅 Individual cycling trip
- 📅 From 2 persons (single travellers on application)

Itinerary

Day 1: Independent arrival in Innsbruck

Welcome to 3-time Olympic City of Innsbruck. The city in the heart of the Alps is best known as a winter sport destination with special flair but you'll be surprised about the colourful ambience awaiting you in the warmer seasons. So please make sure to take your time to enjoy the cultural variety of Innsbruck.

Day 2: Innsbruck – (train) Landeck/Imst/Telfs – (bicycle) Innsbruck (approx. 80/60/30 cycling kilometres)

From Castle of Landeck or Imst, the Merano of the North, back to the alpine metropolis Innsbruck.

Day 3: Innsbruck – (bicycle) Schwaz/Strass i.Z./Kufstein – (train) Innsbruck (approx. 30/40/80 cycling kilometres)

Get to know a different side of Tirol in the gentle lower Inn valley...
Overnight stay again in Innsbruck.

Day 4: Individual return journey or extension

Included services | Price per person | Optional extras

Included services

- ✓ Accommodation in carefully selected hotels / guesthouses of the 3-star category*
- ✓ 3 overnight stays with rich breakfast buffet
- ✓ Day 2 and 3: one transfer train ride each within Tirol with the Austrian Railways
- ✓ Extensive travel papers | Navigation app | GPS-data on demand
- ✓ Local tax in all places of accommodation
- ✓ Phone service daily from 8:30 am to 7:00 pm

Price

	per person
- Accommodation in a double room (arrival from May 1 st)	Euro 599,00
- Accommodation in a double room (arrival from May 15 th)	Euro 619,00
- Accommodation in a double room (arrival from July 15 th)	Euro 645,00
- Single room surcharge	Euro 135,00

Extras

	per person
- Rental of 21-gear touring bicycle	Euro 70,00
- Rental of Pedelec/E-Bike	Euro 150,00
- Extra night in Innsbruck in DR/B&B	Euro 90,00
- Extra night in Innsbruck in SR/B&B	Euro 130,00

* Restaurant recommendations for dinner in all stage towns can be found in the travel information after booking