

# **AlpineSerenissima**

# from INNSBRUCK to VENICE - sporty

From the basin of the alpine metropolis of Innsbruck you cycle upriver, into one of the most fascinating regions in the heart of the Alps. The InnRadweg (Inn cycle path) gently meanders, embedded in the amazing Tyrolean Mountain landscape, to the "Obere Gericht" in the district of Landeck.

A sporty, serpentine like ascent of approx. 700 metres awaits you between Pfunds and Nauders by Reschensee lake water reservoir. From there you take the Adige Cycle Path, along the playful river, through the lush fruit growing landscapes of the sun-drenched Vinschgau valley, via the spa town of Merano and the idyllic shimmering Lake Caldaro to the lovely Castelfeder holiday region.

The wine gardens nestle upon the hills around Lake Caldaro, and the South Tyrolean lower land, seamlessly flows into Trentino and its sophisticated capital city Trento. As a reward for the ascent to Alta Valsugana you earn a grand view over the thermal region of the Sugana valley. Brenta river accompanies you along the cycle path almost all the way to Feltre. As soon as you leave the gracious hills of the world famous Prosecco-production area of Valdobbiadene behind, you will cycle through tranquil and historically significant cities like Treviso before you reach Quarto d'Altino. By train you ride directly into the centre of Venice - nothing's in the way of strolling through the innumerable alleyways and to discover the Serenissima with its many Palazzi and cultural treasures.

#### **Highlights**

- Culture and nature of the alpine-urban Innsbruck
- Sunken church tower of Altgraun (14<sup>th</sup> century), Reschenstausee water reservoir
- Landscape and cultural diversity, Vinschgau
- Gardens of castle Trauttmansdorf, Merano
- Lake Caldaro, South Tyrolean Wine Route
- Historical centre, Castle Castello di Buonconsiglio, Trento
- Forte Leone, Primolano
- Lagoon city of Venice with historical treasures and sights

#### **Route characteristics**

- Mostly paved cycling paths and rural roads as well as less travelled back roads and village roads
- From Reschenstausee water reservoir to Merano are some longer descents
- A choice of two different routes between Feltre and Pieve di Soligo very sporty option across Praderadego Pass
- 2 parts of approx. 5 km with more frequented roads between Feltre and Quarto d'Altino
- Train ride from Quarto d'Altino to Venice and back

#### Level of difficulty

Touring bicycle ♥♥♥���
Pedelec/E-Bike ♥♥����

Suitable for families with children from the age of approx. 12 years (appropriate cycling enthusiasm required)



### Arrival | Travel time | Type of trip

- May 6<sup>th</sup> 2025, June 3<sup>rd</sup> 2025, July 1<sup>st</sup> 2025, July 22<sup>nd</sup> 2025, September 2<sup>nd</sup> 2025 (Tuesdays)
- 11 days | 10 nights (incl. days of arrival and departure)
- Stretch trip approx. 535 resp. 545 cycling kilometres
- Individual cycling trip
- From 2 persons (single travellers on application)

## **Itinerary**

#### Day 1: Individual journey to Innsbruck

Welcome to 3-time Olympic City of Innsbruck. The city in the heart of the Alps is best known as a winter sport destination with special flair but you'll be surprised about the colourful ambience awaiting you in the warmer seasons. So please make sure to take your time to enjoy the cultural variety of Innsbruck.

#### Day 2: Innsbruck - Landeck (approx. 85 km)

InnCycle Path measures some 500 kilometres from St. Moritz in Switzerland to Passau in Germany. Some of those kilometres you'll ride through the Inn Valley, surrounded by imposing mountain chains. The more or less flat bicycle path leads the way to the famous Cistercian monastery of Stams and then on to the Rafting and Canyoning centre of Haiming. A romantic and slightly hilly ride through a beautiful pine forest will bring you to Imst. Just before Imst, by Roppen you reach a Kneipp water-treading basin Römerbad, where you can cool off your legs on hot days. The farther you ride along the hefty mountain chains the narrower the Inn Valley gets on your way towards district capital city of Landeck.

#### Day 3: Landeck – Holiday region Lago di Resia & Alta Venosta (approx. 85 km)

Next to river Inn the cycle way leads from Landeck to the so called Oberes Gericht and on to Pfunds. Past Pfunds the cycle way is on Swiss state territory for approx. 10km. From Martina/Unterengadin you'll conquer 400m of height distance along the winding but not too steep road of Norbertshöhe. A short coast down to Nauders is followed by a short and easy uphill passage where you cross the border to Italy at Reschen Pass and with it the main Alpine ridge. You cycle downwards towards Malles past Reschenstausee reservoir with the sunken church tower of Altgraun, one of the most famous photo motifs of Italy. Enjoy the first evening on South Tyrolean soil and enjoy strolling through the old alleyways of the town.

#### Day 4: Holiday region Lago di Resia & Alta Venosta – Merano (approx. 65 km)

Today you cross the entire Val Venosta. The route leads from an altitude of more than 1,000m down to the town of Merano that is located at an altitude of 350m. Most of the route follows the course of River Adige. From your starting place this pleasant cycling stretch leads down to the smallest town of the Alps, the town of Glorenza. Past the marble town of Laas you get to Naturns and eventually – past the impressive Kastellbell castle – to the spa town of Merano. Enjoy an evening walk through town along the "Passer" promenade surrounded by subtropical flora



#### Day 5: Merano – Castelfeder Holiday Region (approx. 50 - 60 km)

There is plenty to see along this route: Niederlana's famous Schnatterpeckaltar, the largest Gothic wing altar in the Alpine area, the highest church tower of the South Tyrol in Terlan and a great number of fortresses and ruins on both valley slopes.

After a short stop at South Tyrol's capital city of Bolzano you have a wonderful occasion of refreshing your legs at Lake Caldaro. Today's tour ends at Castelfeder Holiday Region with the towns of Ora, Montagna, Egna and Salorno, which is where the German speaking South Tyrol ends.

## Day 6: Castelfeder Holiday Region – Levico Terme (approx. 60 - 70 km)

You should have managed to pick up a couple of Italian words before you continue to pedal on along River Adige to Trento where you see the old town with its Dome and Castle of Buonconsiglio. The sporty highlight today are about 600 metres of altitude difference up to Civezzano and Pergine Valsugana. Just a couple of kilometres more and you reach Lake Levico which will make you forget the struggle;-)

#### Day 7: Levico Terme - Feltre (approx. 65 km)

A beautiful tour on a new cycle path from Levico Terme along River Brenta to Borgo Valsugana and Primolano awaits you. From here you have to take a regular road up to Arsie and Fonzaso in order to finish in Feltre, one of the most important historical cities.

#### Day 8: Feltre – Pieve di Soligo (approx. 50 km or 60 km via Praderadego-Pass)

Today you've got two options. Either you take the hilly but not too exhausting road through the Proseccovineyards or you take the sporty road and pass by Lentiai and the impressive Praderadego-Pass (approx. 900 Altitude difference). Pieve di Soligo is definitely perfect to relax after a "harder" day.

#### Day 9: Pieve di Soligo – Quarto d'Altino/Venice (approx. 65 km)

You have to hit the pedals just one more time in order to get to Venice. On the way you find some real highlights too. Right past Pieve di Soligo, still in the middle of the prosecco hills you see Castello San Salvatore throning. Soon after Ponte Priula you arrive at the art and radicchio-town of Treviso which is finally followed by Quarto d'Altino, a small town very close to the original start of Via Claudia Augusta.

#### Day 10: Excursion to Venice – Overnight stay again in Quarto d'Altino

Set aside your bike and relax while you take the train in approx. 20 minutes to the train station Santa Lucia of Venice. This is the perfect initial point to explore the uncountable alleys and channels of Venice. Have a look at Piazza San Marco and maybe even treat yourself with a gondola ride...

#### Day 11: Individual Return Journey or Extension



# **Included Services | Price per Person | Extras**

#### **Included services**

- √ 10 Overnight stays including large breakfast buffet in hotels of the 3-star category \*
- ✓ Luggage transport from hotel to hotel
- ✓ Train ticket from Quarto d'Altino to Venice and back
- ✓ Extensive travel papers | Navigation app | GPS-data on demand
- ✓ Local tax in all places of accommodation
- ✓ Phone service daily from 8:30 am to 7:00 pm

Price		per person	
-	Accommodation in a double room (arrival from May 1st)	Euro	1.699,00
-	Accommodation in a double room (arrival from May 15th)	Euro	1.759,00
-	Accommodation in a double room (arrival from July 15th)	Euro	1.819,00
-	Single room surcharge	Euro	409,00
Extras		per person	
-	Rental of 21-gear touring bicycle	Euro	130,00
-	Rental of Pedelec/E-Bike	Euro	290,00
-	Extra night in Innsbruck in DR/B&B	Euro	90,00
-	Extra night in Innsbruck in SR/B&B	Euro	130,00
-	Extra night in Quarto d'Altino in DR/B&B	Euro	82,00
-	Extra night in Quarto d'Altino in SR/B&B	Euro	112,00
-	Return transfer Quarto d'Altino-Innsbruck	on request	

<sup>\*</sup> Restaurant recommendations for dinner in all stage towns can be found in the travel information after booking