

Alpe Adria cycle path











Across the Alps from VILLACH to TRIESTE

The starting point of this cycling tour is Villach, situated on the edge of the Klagenfurt basin, where the rivers Drau and Gail flow together. After a few kilometres of cycling, however, it's time to say goodbye to Austria before the bike tour continues in Italy.

The Friuli Venezia Giulia region not only offers a variety of landscapes, but also invites you to a tour of a foray into the cultural diversity of the region. This mix of cultures is also reflected in the cuisine: Alpine-Austrian, Slovenian and Venetian influences characterize the gastronomic offer of the region.

Leaving the peaks of the Carnic Alps far behind you, you cycle on the south side of the Alps towards the sea and in front of you stretches the coast of the Adriatic Sea with miles of sandy beaches. In Grado, a popular seaside resort in upper Italy, you may treat yourself to a "lazy day". The lively port city of Trieste, however, invites you to embark on a journey back to the time of the Habsburg monarchy.

Highlights

-  Old town of Villach
-  Madonna di Lussari, Tarvis
-  Railroad path Pontebbana
-  Cathedral in the old town of Gemona
-  Gemona del Friuli
-  Piazza della Libertà, Udine
-  Basilica with baptistery, archaeological sites - UNESCO World Heritage Site, Aquileia
-  Sunny island and historic fishing town Grado
-  Castello di Miramare, Grignano/Trieste
-  Old town of Trieste

Route characteristics

-  Routing on mostly well-maintained bike paths and low-traffic side roads







Level of difficulty

Touring bicycle 

Pedelec/E-Bike 

Also suitable for families with children/teenagers with an affinity for bikes

Arrival | Travel time | Type of trip

-  Every Tuesday, Wednesday, Saturday and Sunday from April 22nd to October 1st 2025
-  8 days | 7 nights (incl. days of arrival and departure)
-  Stretch trip - approx. 250-280 cycling kilometres
-  Individual cycling trip
-  From 2 persons (single travellers on application)
-  Non schedule arrival dates: minimum of 5 persons upon request

Itinerary

Day 1: Individual journey to Villach

Welcome to Villach, an important hub in the Alpe Adria region, which is known for its thermal springs and warm bathing lakes in alpine surroundings. It's popular beyond the borders.

Day 2: Villach – Tarvis/Camporosso (approx. 40 km)

Following the river Gail, you leave Villach behind, and soon you say goodbye to Austria and hello to Italy. In the border triangle of Italy-Austria-Slovenia stretches the Canal valley, the centre of which is the Italian border town of Tarvis. Surrounded by dense forests and vast valleys, Tarvis presents itself traditional and cosmopolitan with regard to the "completely normal" use of the European language families Germanic, Slavic and Romanic. This openness is also reflected in the regional cuisine.

Day 3: Tarvis/Camporosso – Tolmezzo/Venzone (approx. 55 km)

The Alpe Adria cycle route continues in the Canal valley following the course of the impressive former Pontebbana-train track and from the saddle of your bike you can enjoy the attraction of this section and the beauty of the Friulian and Julian Alpine region. Medieval villages, charmingly nestled against the hills and slopes of the fading Alps, characterize the landscape at the southern exit of the Canal valley and are ideal for a leisurely stroll through the winding alleys.

Day 4: Tolmezzo/Venzone – Udine (approx. 60 km)

In the delta of one of the last wild rivers of the Alps, the Tagliamento, you continue cycling through the Friulian hills. Magnificent hills full of lush vines line your path and invite you to taste the local wines.

The Venetian-influenced city of Udine exudes peace and tranquillity, while sipping a coffee at the "piazza" or during a stroll through the city centre, you can admire important buildings of the late Gothic and Renaissance.

Day 5: Udine – Grado (approx. 55 km)

Today's cycling tour takes you through the flat landscape of the northern Italian plain. Impressive cities such as the star-shaped Palmanova and Aquileia, once known as one of the most powerful cities of the Mediterranean and famous for its valuable historical archaeological sites, lie on your way.

Accompanied by a breeze from the Scirocco, you will glide past reed beds and water canals and reach Grado, a historically important fishing town and one of the most popular seaside resorts of the northern Adriatic Sea.

Day 6: Adventure day at the sea or culture day in Aquileia

You are spoilt for choice: you decide whether to spend an exciting day of sightseeing in Aquileia in the footsteps of the Romans or to spend a day at the seaside?

Today you will have the opportunity to discover the secrets of the Roman city of Aquileia, the so-called "Second Rome". Roman ruins, ancient churches and secluded landscapes on the edge of the lagoon await you. Or do you prefer to enjoy the warm rays of the sun in a deckchair on one of the miles of sandy beaches?

Day 7: Grado – Trieste (approx. 40 km + train ride, ticket not included, or approx. 70 km)

A rugged karst landscape accompanies you through the hinterland on the way to Trieste. Following a breathtakingly beautiful coastal area, you cycle towards your destination. Miramare Castle invites you to an obligatory visit before you enter the former Habsburg city of Trieste. In the well-kept harbor and trading city you can enjoy the end of your cycling tour.

If you wish, you can shorten the stage from Monfalcone by train (ticket not included in the price).

Day 8: Individual departure or extension

Included Services | Price per Person | Extras

Included services

- ✓ Overnight stays including breakfast in guesthouses and hotels of the 3- and 4-star category
- ✓ Videobriefing
- ✓ Luggage transport from accommodation to accommodation
- ✓ Detailed travel documents (route maps, route description, sights, important telephone numbers)
- ✓ Navigation-App
- ✓ Phone service daily from 8:30 am to 7:00 pm

Price

	per person
- Accommodation in a double room * (from 22.04. & 01.10.2025)	Euro 799,00
- Accommodation in a double room * (from 23.04.-13.06. & 09.09.-30.09.2025)	Euro 899,00
- Accommodation in a double room * (from 14.06. - 08.09.2025)	Euro 929,00
- Single room surcharge	Euro 259,00

Extras

	per person
- Rental of 21-gear touring bicycle	Euro 99,00
- Rental bike TOP (unisex – men's model on request)	Euro 169,00
- Rental of Pedelec/E-Bike	Euro 269,00
- Extra night in Villach in DR/B&B *	Euro 79,00
- Extra night in Villach in SR/B&B *	Euro 118,00
- Extra night in Trieste in DR/B&B *	Euro 89,00
- Extra night in Trieste in SR/B&B *	Euro 168,00
- Return transfer Trieste-Villach (every Wed., Sat., Sun.)	Euro 85,00/person+39,00/own bike

* Any local taxes that may be due are not included and are payable locally

Not included services: everything not explicitly mentioned under the point "Included services" (e.g.: Travel to the return at the end of the tour; drinks, tourist tax and all extras; lunch, dinner; entrance fees not mentioned; bicycle rental and travel insurance).