

Alpe Adria cycle path

Across the Alps from SALZBURG to GRADO – sporty

In one week across the Alps to the Adriatic Sea - it smells like fresh alpine meadows, the treetops sway in the alpine landscape, the sun flashes between the mountain peaks. There is a wide ranged and colourful scenario between mountain and valley in the alpine region, until the wide lagoon of Grado and a salty breeze of the Adriatic Sea welcomes you.

On your cycling tour you will cycle through the idyllic Salzach valley and the Gastein valley and cross the impressive high mountain landscape of the Hohe Tauern by train. Across the sunny Drau valley and the wildly rugged Canal valley you reach the fertile hilly landscape of the Friuli-Venezia Giulia region. On the Via Julia Augusta you cycle via the historic city of Aquileia to the picturesque lagoon of Grado.

Highlights

- Culture and nature in the Mozart city of Salzburg; Hohensalzburg Fortress, Mirabell Palace with Mirabell Gardens, Palace park and water feature in Hellbrunn Palace, birthplace of W. A. Mozart, ...
- Hallein salt works town with salt mine
- を Pongau Cathedral, St. Johann in Pongau
- 😎 Impressive mountain worlds of the Hohe Tauern, Carnic and Julian Alps
- 😎 Renaissance castle Porcia, Spittal an der Drau
- 😎 Railroad path Pontebbana
- Cathedral in the old town of Gemona
- 😎 Gemona del Friuli
- 📀 Piazza della Libertà, Udine
- 😎 Basilica with baptistery, archaeological sites UNESCO World Heritage Site, Aquileia
- Sunny island and historic fishing town Grado

Route characteristics

- pprox The demanding section over the Lueg pass can be shortened by train

Level of difficulty

Touring bicycleStatePedelec/E-BikeState

The bike tour is suitable for children aged 16 and over. We recommend traveling by e-bike.

Arrival | Travel time | Type of trip

- Every Wednesday and Saturday from May 4th to July 16th 2025
- 8 days | 7 nights (incl. days of arrival and departure)
- Stretch trip approx. 255-275 cycling kilometres
- 🖄 Individual cycling trip
- From 2 persons (single travellers on application)
- Non schedule arrival dates: minimum of 5 persons on request



Itinerary

Day 1: Individual journey to Salzburg

A cycle tour couldn't start more impressively than in the Mozart city of Salzburg; in the beautiful old town, one baroque highlight follows the next.

And - don't forget - take a few Mozartkugeln with you for the trip to the sea 😳

Day 2: Salzburg – Bischofshofen/St. Johann (approx. 60 km)

You leave the city with a view of Hohensalzburg Fortress. The first section takes you along the Salzach. On the way, you will pass Hellbrunn Palace - the former summer residence of the Salzburg prince-bishops. The extraordinary trick fountains have been delighting young and old for more than 400 years. The journey continues along the Tauern Cycle Path towards Hallein, known for its crooked town houses and above all for its white gold - salt. Another highlight is the waterfall in Golling.

Day 3: Bischofshofen/St. Johann – Villach (approx. 45 km + Transfer)

Today's stage begins in the direction of Schwarzach. From Schwarzach you take a shuttle bus to Spittal an der Drau. As soon as you are back on your bike, you cycle the last section of the stage on the Drau cycle path to Villach.

Day 4: Villach – Tarvis/Camporosso (approx. 40 km)

Following the River Gail, you leave Villach behind you and soon say goodbye to Austria and hello to Italy. and welcome Italy. In the border triangle of Italy, Austria and Slovenia lies the Canal Valley, with the Italian border town of Tarvisio at its center. Austrians, Slovenes, Friulians and Italians have lived together here for centuries and all three major European language families - Germanic, Romanic and Slavic - meet here directly.

Day 5: Tarvis/Camporosso - Venzone/surroundings (approx. 55 km)

Tarvisio, a small town - surrounded by wide valleys and forests - in a modern guise, with an old soul and full of traditions, is the starting point of your cycle tour today. It is not only one of the most important mountain resorts in Friuli Venezia Giulia, but also one of the region's ski strongholds. Continuing through the Kanaltal valley, you can admire the beauty of the Friulian Alpine region from the saddle, with its unspoiled, untouched nature and extensive forests.

Day 6: Venzone/surroundings – Udine (approx. 55 km) Situated at the southern exit of the Canal valley and on the foothills of the Julian Alps, the small town of Gemona del Friuli is considered one of the most beautiful historic towns in Friuli Venezia Giulia. The townscape is dominated by the majestic Cathedral of Santa Maria Assunta, which is definitely worth a visit. The splendid hills full of lush vines line your path and invite you to taste the tasty wines. The Venetian-influenced city of Udine exudes peace and tranquillity, while sipping a coffee at the "piazza" or during a stroll through the city centre, you can admire important buildings of the late Gothic and Renaissance.



Day 7: Udine - Grado (approx. 55 km)

Today's cycling tour takes you through the flat landscape of the northern Italian plain. Impressive cities such as the star-shaped Palmanova and Aquileia, once known as one of the most powerful cities of the Mediterranean and famous for its valuable historical archaeological sites, lie on your way.

Accompanied by a breeze from the Scirocco, you will glide past reed beds and water canals and reach Grado, a historically important fishing town and one of the most popular seaside resorts of the northern Adriatic Sea.

Day 8: Individual departure or extension

Included Services | Price per Person | Extras

Included services

- ✓ Overnight stays including breakfast in guesthouses and hotels of the 3- and 4-star category
- ✓ Videobriefing
- ✓ Luggage transport from accommodation to accommodation
- Train ride Tauern lock: Böckstein-Mallnitz incl. bicycle
- Detailed travel documents (route maps, route description, sights, important telephone numbers)
- ✓ Navigation-App
- ✓ Phone service daily from 8:30 am to 7:00 pm

Price per person

-	Accommodation in a double room *	Euro	989,00
-	Single room surcharge	Euro	319,00
Extras			
-	Rental of 21-gear touring bicycle	Euro	99,00
-	Rental Bike TOP (unisex – men's model on request)	Euro	169,00
-	Rental of Pedelec/E-Bike	Euro	269,00
-	Extra night in Salzburg in DR/B&B *	Euro	89,00
-	Extra night in Salzburg in SR/B&B *	Euro	138,00
-	Extra night in Grado in DR/B&B *	Euro	79,00
-	Extra night in Grado in SR/B&B *	Euro	124,00
-	Return transfer Grado-Salzburg (every Wed, Thurs, Fri, Sat)	Euro	175,00/pers.+39,00/own bike

* Any local taxes that may be due are not included and are payable locally

Not included services: everything not explicitly mentioned under the point "Included services" (e.g.: Travel to the return at the end of the tour; drinks, tourist tax and all extras; lunch, dinner; entrance fees not mentioned; bicycle rental and travel insurance).